



BHARATHIYAR ARTS & SCIENCE COLLEGE FOR WOMEN

(Affiliated to Periyar University)

Accredited by NAAC & Reg U/S 2(f) & 12 (B) UGC Act 1956.

Deviyakurichi, Attur(Tk), Salem(Dt), Pin-636112.



PHYSICAL EDUCATION POLICY

Statement

The BASCW Physical Education Policy strives to provide appropriate and wholesome Physical Education facilities and opportunities in order to provide a sound mind in a sound body, and to equip the students to cope with the pressures of studying by making them emotionally, physically, and mentally fit.

Objectives

- To ensure the Physical Development of the students and staff
- To achieve the Social Development of students and staff
- To make sure the Emotional Development of the students and staff by achieving the ability to recognize, express, and manage feelings at different stages
- To Improve the Physiological Development of students and staff

Action Plan

- Supervising and co-coordinating all physical education activities
- Planning different recreational activities important for growth of students
- Preparing teams for University Competitions.
- Planning to conduct Sports – Meet hosted by BASCW
- Arranges virtual classes for health and fitness during pandemic situation
- Conducting Live Health and Fitness classes for the staff
- Conducting diet related counseling for staff and students
- Classes related to the job opportunity in the field of Sports